



**Level 1**

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Lifetime Nutrition and Wellness  
Human Growth and Development

**Level 2**

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**Level 3**

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Practicum in Human Services  
Career Preparation I

**Level 4**

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HIGH SCHOOL/ INDUSTRY CERTIFICATION	CERTIFICATE/ LICENSE*	ASSOCIATE'S DEGREE	BACHELOR'S DEGREE	MASTER'S/ DOCTORAL PROFESSIONAL DEGREE
Community Health Worker	Registered Dietitian	Nutrition Sciences	Nutrition Sciences	Nutrition Sciences
Entrepreneurship and Small Business	Counselor, Professional	Community Health Services/ Liaison/ Counseling	Mental Health Counseling/ Counselor	Community Health and Preventative Medicine
	Registered Dietitian Nutritionist	Health and Wellness, General	Nutrition	Nutrition
	Social Worker	Public Health	Human Nutrition and Foods	Exercise and Sports Nutrition

Occupations	Median Wage	Annual Openings	% Growth
Community Health Workers	\$38,064	592	25%
Rehabilitation Counselors	\$43,930	586	23%
Mental Health Counselors	\$41,558	812	38%
Health Care Social Workers	\$55,515	1,583	35%
Dietitians and Nutritionists	\$57,762	428	24%

Additional industry-based certification information is available on the TEA CTE website. For more information on postsecondary options for this program of study, visit TXCTE.org.

WORK BASED LEARNING AND EXPANDED LEARNING OPPORTUNITIES	
<b>Exploration Activities:</b> American Association of Family and Consumer Sciences; Family, Career and Community Leaders of America	<b>Work Based Learning Activities:</b> Job shadow a dietitian or nutritionist; work part-time at a counseling services center, health department or hospital

The Health and Wellness program of study introduces students to knowledge and skills related to promoting physical, emotional, social, and mental health and wellness. Students who choose this program of study may learn how to assist patients in planning for their health and wellness, respond to crises, and advise, provide education or counseling, or make referrals. CTE learners may also focus on addressing barriers to access health and wellness services.



The Human Services Career Cluster focuses on preparing individuals for employment in career pathways that relate to families and human needs such as counseling and mental health services, family and community services, personal care services, and consumer services.

Successful completion of the Health and Wellness program of study will fulfill requirements of the Public Service Endorsement. Revised - July 2020



# COURSE INFORMATION

COURSE NAME	SERVICE & COURSE ID	PREREQUISITS (PREQ) COREQUISITES (CREQ)	Grade
Principles of Human Services	13024200 / 0902J (1 credit)	None	8
Lifetime Nutrition and Wellness	13024500 / 0901J (.5 credit)	None	8
Human Growth and Development	13014300 / 8235 (1 credit)	Principles of Education & Training or Principles of Human Services	10-12
Practicum in Human Services (PALS III)	13025000 / 9521 (2 credits)	PALS I & II	12
Career Preparation I	12701300 / 8000 (2 credits)	None	11-12

## BISD Recommended Course Sequence

Grade	9 <sup>th</sup> Year	10 <sup>th</sup> Year	11 <sup>th</sup> Year	12 <sup>th</sup> Year
<b>Courses</b>	Principles of Human Services	Lifetime Nutrition & Wellness	Human Growth & Development	Practicum in Human Services or Career Prep